

Minimum hours required for graduation: 196

## GENERAL EDUCATION CURRICULUM

Unless otherwise specified, courses are to be selected from the College of Education approved GEC list.

### WRITING

English 110 (5)  
2nd Writing Course (5)

### QUANTITATIVE SKILLS

Math 148 (4)  
Math 150 (5)  
Statistics 135 or 145 (5)

### NATURAL SCIENCE (Exercise Science Strand)

Chemistry 121-122 sequence (10)  
Physics 111-112 sequence (10)

### NATURAL SCIENCE (Health Promotion Strand)

Chemistry 101-102 sequence (10)  
Microbiology 509 (5)  
One other course from approved list

### SOCIAL SCIENCE

Group A  
Group B  
Group C

### ARTS & HUMANITIES

History sequence (10)  
Literature (5)  
Performing Arts (5)  
Group B: 1, 2, or 3 (5)

## PREREQUISITE REQUIREMENTS FOR ENTRY

Biology 113 (5)  
EDU PAES 360 & 361 Kinesiology (4)  
*English 110 (listed above)*  
*Chemistry sequence (listed above)*  
*Math 148 (listed above)*

## MAJOR REQUIREMENTS

### CORE REQUIREMENTS

Anatomy & M.E. 199.04 (5)  
Human Nutrition 310 (5)  
Physiology 311 (5) (*offered AU only*)  
Physiology 312 (5) (*offered WI only*)  
EDU PAES 103 Health & Well-Being (3)  
EDU PAES 209 Orientation to Exercise Science (1)  
EDU PAES 414 Applied Physiology of Exercise I (3)  
EDU PAES 415 Applied Physiology of Exercise Lab (1)  
(*EDU PAES 414 and 415 are taken concurrently*)  
EDU PAES 509<sup>1</sup> Sport and Leisure Promotion (3)  
EDU PAES 525<sup>2</sup> Promoting Behavior Change (3)  
EDU PAES 542<sup>3</sup> Lifespan Motor Development (5)  
EDU PAES 544<sup>4</sup> S & L for Special Populations (3)  
EDU PAES 651 Health Program Planning (3)  
EDU PAES 652 Health Promotion in the Workplace (3)  
EDU PAES 660.01 Intro Labs in Exercise Physiology (1)  
EDU PAES 685 Adult Exercise Programming (3)  
(*EDU PAES 660.01 and 685 are taken concurrently*)  
EDU PAES 490.10 Graded Exercise Testing (3)

#### **SELECT AT LEAST 2 OF THE FOLLOWING:**

EDU PAES 490.11 Body Composition Evaluation (2)  
EDU PAES 490.12 Muscular Strength & Endurance (2)  
EDU PAES 490.13 General Fitness Evaluation (2)

#### **SELECT AT LEAST 3 OF THE FOLLOWING:**

EDU PAES 143, 144, 147 & 148.04 or .05 or .06, 150, 157, 158, 169, 170, 175, 178, 182, 188, 191, 195, 196

### STRAND REQUIREMENTS

#### Exercise Science Strand

Biochemistry 211 & 212 sequence (6)  
**or** Biochemistry 511 (5)  
Pharmacy 480 (3) **or** Pharmacology 600 (3)  
Athl. Trng. 661 Survey of Sports Medicine (4)  
EDU PAES 514 Applied Physiology of Exercise II (3)  
EDU PAES 515 Applied Physiology of Exercise Lab II (1)  
(*EDU PAES 514 and 515 are taken concurrently*)  
EDU PAES 589.01 Exercise Science Internship (15)

#### Health Promotion Strand

EDU PAES 204 Sexuality and Health (3)  
EDU PAES 250 How to Avoid Cancer (2)  
EDU PAES 314 AIDS (3)  
EDU PAES 589.02 Health Promotion Internship (15)  
EDU PAES 605 Health Counseling (3)  
EDU PAES 612 Alcohol and Drug Education (3)  
EDU PAES 637 Health Agencies (3)  
EDU PAES 703 Health Behavior Change (3)  
EDU PAES 704 Evaluation in Health Education (3)

<sup>1</sup> Required for students entering the major Autumn 2003 and earlier

<sup>2</sup> Required for students entering OSU in Autumn 1999 and later

<sup>3</sup> Required for students entering the major Winter 2004 and later

<sup>4</sup> Required for students entering the major Autumn 2003 and earlier

# COLLEGE OF EDUCATION

## EXERCISE SCIENCE EDUCATION

### REQUIREMENTS FOR ADMISSION TO THE PROGRAM

English 110	C-	Biology 113	C-
Overall GPA	2.75	EDU PAES 360 & 361	C-
Completion of at least 45 hours		Chemistry 121 & 122	C- (Exercise Science strand)
		Chemistry 101 & 102	C- (Health Promotion strand)
		Math 148	C-

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### PROGRAM APPLICATION INFORMATION

Application Available at the Office of Student Services, 215 Pomerene Hall

Return Completed Applications to: Office of Student & Alumni Services, 215 Pomerene Hall

**Application Deadline:**     **April 1<sup>st</sup>** for Autumn Quarter admission

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### REQUIREMENTS UPON ENROLLMENT IN THE COLLEGE OF EDUCATION

To remain in good standing, students must:

- Achieve a 2.5 or higher quarterly GPA each quarter of enrollment in the College of Education
  - File an official Curriculum Plan with an advisor in 215 Pomerene Hall during the first or second quarter of enrollment in the College of Education
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***Note: Math 075 will not count toward hours for graduation.***