

## Internship/Practicum: *Learning Goals Formulator*\*

The purpose of the worksheet is to help formulate meaningful learning goals for the internship experience. Goals are formulated in three areas: (a) *cognitive learning* -- topics or areas about which you will seek more knowledge; (b) *interpersonal skills learning* -- areas in which you will further develop feelings, attitudes, and values; and (c) *professional skills learning* -- areas in which you will seek to increase your skills. You may find it helpful to consult with colleagues or supervisors in completing this worksheet.

### **A. Cognitive Learning Goals**

1. For what position(s) in higher education are you most interested in preparing (i.e., counselor, in a .... department; staff member in a ....institution; administrator in a ... program)?
2. Considering your prior study and experience, list the topics or content areas needed in your field (s) of interest, in which you already have a good deal of knowledge.
3. Considering your prior study and experience, list the topics or the content areas needed in your field(s) of interest, where your knowledge is limited.
4. Of the items in A3, check those you feel have highest learning priority.
5. In Column A of the table titled learning goals Self-Evaluation Form -- Cognitive Learning -- write several cognitive learning goals dealing with the priority areas identified in A3 and A4.
6. In Column B, indicate the potential resources or means to attain each goal (e.g., reading, interviews, visitations, discussions, media, observations, projects, etc.).

### **B. Interpersonal Skills Learning Goals**

1. Picture yourself as a practitioner in your field(s) of interest. In what aspects of the work would you feel most self-confident?

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\* Adapted from Student Personnel Practicum Preliminary Learning Goals Formulator, courtesy of Professor Cynthia Dickens, Mississippi State. From Schuttenberg, E.M. and Poppenhagen, B.W. *Field Experience in Postsecondary Education* (University Press of America, 1980).

2. In what aspects of the work would you feel least self-confident?
3. What do you feel to be your areas of strength in working with people?
4. What do you feel are your weaker skills in working with people?
5. Are there any feelings, attitudes or values that you now hold regarding work and/or other people that you would like to examine more closely? if so, list them.
6. In Column A of the form titled Affective Learning, write several affective learning goals dealing with areas identified in B2, B3 and B4 above.
7. In Column B of the table, indicate potential resources or means to attain each goal (e.g., group discussions, value clarification experiences, counseling sessions ...).

***C. Professional Skills Learning Goals***

1. In what areas related to your field have you already had practical experience?
2. In what areas related to your field have you had little or no experience?
3. Of the skills you feel are needed to be successful in your field, in which are you already strong?
4. Of the skills you feel are needed to be successful, in which do you need further development?
5. In Column A of the form titled Applicative Learning, write several applicative learning goals dealing with the areas identified in C2 and C4.
6. In Column B, indicate potential resources or means to attain each goal (e.g., participation, carrying out a project or task, simulated practice ...etc.).

**Internship Practicum: *Learning Goals Self-Evaluation Form, COGNITIVE LEARNING***

Based on your analysis of your preparation and interests list below the cognitive learning goals you will seek to achieve during the internship experience. Complete columns A and B at the beginning of the internship and columns C and D near the end.

A. Goals: I plan to gain more knowledge in the following areas:	B. Possible resources/ means to attain each goal	C. Attainment (1, 2, 3** )	D. Actual resources/ means used to attain each goal
1.	1.	1.	1.

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\*\* 3 = goal has been completely attained; 2 = goal has been partially attained; 1 = goal has not been attained at all, or only slightly.

**Internship Practicum: *Learning Goals Self-Evaluation Form, INTERPERSONAL SKILLS LEARNING***

Based on your analysis of your preparation and interests list below the affective learning goals you will seek to achieve during the internship experience. Complete columns A and B at the beginning of the internship and columns C and D near the end.

A. Goals: I plan to gain more knowledge in the following areas:	B. Possible resources/ means to attain each goal	C. Attainment (1, 2, 3** )	D. Actual resources/means used to attain each goal
1.	1.	1.	1.

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\*\* 3 = goal has been completely attained; 2 = goal has been partially attained; 1 = goal has not been attained at all, or only slightly.

**Internship Practicum: *Learning Goals Self-Evaluation Form, PROFESSIONAL LEARNING***

Based on your analysis of your preparation and interests list below the applicative learning goals you will seek to achieve during the internship experience. Complete columns A and B at the beginning of the internship and columns C and D near the end.

A. Goals: I plan to gain more knowledge in the following areas:	B. Possible resources/ means to attain each goal	C. Attainment (1, 2, 3** )	D. Actual resources/ means used to attain each goal
1.	1.	1.	1.

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\*\* 3 = goal has been completely attained; 2 = goal has been partially attained; 1 = goal has not been attained at all, or only slightly.